

Lloydminster Hospital Pre-Op Instructions

Welcome to the Lloydminster Hospital Surgery Program. Your surgeon may or may not ask you to attend the Pre-Admission Clinic (P.A.C.) to be seen by the anesthetist and nurse or have a telephone consult prior to your surgery.

If you are NOT attending PAC:

O.R. bookings will call you when they have a date and time for your surgery in compliance with the provincial waitlist. Please see your family Physician to get Pre-op Medical History form completed as soon as possible. All patients are asked to come to the hospital 2 hours prior to their scheduled surgery time, as instructed, so that the nurses have time to prepare you for the O.R. Be aware that delays may occur. Please follow the day surgery instructions as listed below.

DAY SURGERY INSTRUCTIONS

DO NOT EAT OR DRINK ANYTHING after midnight the night before your operation- brush your teeth in the morning but do not swallow water. No gum or mints. If you were instructed to take your morning medications from the P.A.C nurse, you may take them the morning of your surgery with a small sip of water
ABSOLUTELY NO alcoholic beverages 48 hours before your surgery
DO NOT WEAR any fragrances, scented lotions, body washes or aftershave
DO NOT SMOKE 24 hours prior to your surgery

BEFORE YOUR OPERATION

- ❖ Leave your jewelry and valuables at home
- ❖ Report to Admitting desk the morning of your surgery and bring your health card
- ❖ Do not wear makeup, nail polish, hairpins, jewelry/piercings or contact lenses
- ❖ Have a bath/shower the night before or the morning of your surgery
- ❖ Do not shave the operative site
- ❖ Clean your belly button if having a laparoscopic surgery
- ❖ If you have a support person, they are welcome to come with you to the surgical floor and wait while you are in surgery. Otherwise, you will need someone to pick you up and drive you home after your surgery (**NO TAXI**). Parent/guardian must stay in attendance for child/mentally challenged patient.
- ❖ We also recommend that you have someone stay with you at home your first night after surgery

Failure to comply with the above may result in cancellation of your surgery

If you ARE attending PAC:

If you have questions about your surgery or instructions please contact P.A.C. **306-820-6223 or 306-820-6116**

- ❖ You will be called following your appointment with your surgeon by the O.R. bookings office to provide your PAC appointment date and time. Please allow a 2-hour window for your appointment in case the Anesthetist is called away for an emergency.
- ❖ Please see your Family Physician as soon as possible prior to your PAC appointment to get the Pre-Op Medical History done. The completed form will get sent to PAC by your Family Physician. Please do any tests your family physician requests right away so there is no delay.
- ❖ For your phone appointment, please have ready a complete list of your medications to review including dosage and how often you take them. The anesthetist will instruct you on what medications to take (if any) for the morning of your surgery.
- ❖ At your PAC appointment, you will speak to the Anesthetist to discuss anesthetic options for your surgery.
- ❖ Following your PAC appointment, O.R. Bookings will contact you with your surgery date and time as soon as can be accommodated in compliance with the provincial waitlist.
- ❖ **Please follow the day surgery instructions as listed above once you have been given your surgery date.**

Please be aware that your surgery may be postponed if emergencies occur